## Retiring Retirement ${ }^{\circledR}$

The Era of Longevity Planning
Jan Blakeley Holman, CFP®, CIMA®, ChFC, CDFA, CFS
Director of Advisor Education

## Today’s Discussion

Retiring Retirement: The Rationale

- Longevity
-Health
- Wealth
-Wisdom

Retiring Retirement: The Rationale

## What is Retirement?

re•tire•ment. (ri-tahyuh r-muh nt)

- The act of retiring.
- The state of being retired.
- Withdrawal from one's occupation, business, or office.
- Withdrawal into privacy or seclusion.
- A place of privacy or seclusion; a retreat. See Synonyms at solitude.


## Why Retirement Worked

-A reason to talk to prospects and clients

- Decisions were time sensitive
-Related tax benefits


## A 10-Second History of Retirement



## Why it Won't Work as Well in the Future

- Been there/Done that
- 1970s/1980s early retirement trend ended in the 1990s.
- Since 2000, the number of 50-64 year-olds in the labor market has increased, not decreased.
- Economic uncertainty
- Employer and governmental entitlements are shrinking.
" Life expectancy after "pensionable" age has increased.
- Companies are begging to create incentives for older workers to stay rather than retire.


## So, Let's Retire Retirement

Retirement is:

- An event.
- Just one of many life transitions.
-A small piece in a much larger puzzle.

Three quarters of Baby Boomers plan
to continue working during their so-called 'retirement years'. Which may mean the word 'retirement' is on its way out.

Ina Jaffe<br>NPR 7-8-2014

## What is the Greatest Invention of the 20th Century?

Would it be:


[^0]
## Do You Know Someone Who's:

$$
\begin{gathered}
80 ? \\
90 ? \\
100 ? ?
\end{gathered}
$$

## What is Longevity?

## Lon $\cdot \mathrm{gev} \cdot \mathrm{F} \cdot \mathrm{ty}$

- Noun \än-'je-və-tē, lơn-l: long life: the fact of living for many years
- Length of life
- The length of time that something or someone lasts or continues


## Longevity

## Life Expectancy at Age 0 (By Sex and Calendar Year)



[^1]14 This material is for investment professional use only.

## The Longevity Economy

Economic Benefits Related to Americans $50+$

- 100+ million in the U.S. and the only homogeneous growth market. ${ }^{1}$
- Disposable income in $2010=\$ 3.6$ trillion. ${ }^{2}$
- Responsible for at least $\$ 7.1$ trillion in annual economic activity. Expected to increase to $\$ 13.5$ trillion (real terms) by $2032 .{ }^{3}$
- People in their 50s and 60s start companies at twice the rate of people in their 20s. ${ }^{4}$
- Represents $70 \%$ of all charitable donations; $\$ 100$ billion annually. ${ }^{3}$

[^2]
# Economic growth comes at the intersection of demography and innovation. 

President, Milken Institute

## Top Financial Priorities of UHNW Clients

- Health of my spouse
- Financial security of children and grandchildren
-My own health
-Family health catastrophe
-Responsibility for dying parents


## Increasing Health Care Costs



[^3]
## The Big Three

## - Dementia/Alzheimer's Disease

- Arthritis

Obesity

## Alzheimer's

- 7.8 million Americans by 2030
- 13.5 million by 2050
- Costs projected to exceed $\$ 2$ trillion per year by 2050
"Postponing the onset by 5 years
- Reduce the number of patients by 43\%
- Save more than $\$ 440$ billion in caregiver costs


## Health: How You Can Help Your Clients Today

-Become well versed in the issues.

- Get client paperwork in order.
- Involve individuals who have a vested interest.
- Have the "health and long-term care" talk.


# Life expectancy would grow by leaps and bounds if green vegetables smelled like bacon. 

Doug Larson



## Wealth: Focus Upon



- Real, Real Returns
- Dividend-Paying Investments
- Longevity-Oriented Portfolios
- Spending Policies

Real, Real Returns

## Real, Real Returns

## Nominal returns

- Inflation
- Taxes
- Investment expenses


## Real, real returns

## The Role of Dividend Paying Investments

## Value of Dividends

Bond Yields Versus Equity Yields
Dividends Not Reinvested


## Past performance does not guarantee future results.

Assumed a $\$ 1$ million hypothetical investment of the Dividend Growers Portfolio as represented by the S\&P 500 Dividend Aristocrats Index and the $\$ 1$ million hypothetical investment of the Bond Portfolio as represented by Barclays U.S. Aggregate Bond Index.
Investors may not make direct investments into any index.
Index performance shown is for illustration purposes and is not representative of an actual investment.
Dividend and interest income are not guaranteed.

29 This material is for investment professional use only.

## Value of Dividends

Annual Bond Income Versus Annual Equity Income Annual Income from a Hypothetical \$1 Million Investment

\$-


Past performance does not guarantee future results.
Assumed hypothetical investment of the Dividend Growers Portfolio as represented by the S\&P 500 Dividend Aristocrats Index and the hypothetical investment of the Bond Portfolio as represented by Barclays U.S. Aggregate Bond Index.
Investors may not make direct investments into any index.
Index performance shown is for illustration purposes and is not representative of an actual investment.
Dividend and interest income are not guaranteed.
Source: Standard \& Poor's and Barclays.
30 This material is for investment professional use only.

## Value of Dividends

| PERIOD | DIVIDEND <br> ARISTOCRATS INDEX | S\&P 500 <br> INDEX |
| :--- | :---: | :---: |
| $1990-1994$ | $11.13 \%$ | $8.70 \%$ |
| $1995-1999$ | $19.48 \%$ | $28.54 \%$ |
| $2000-2004$ | $9.74 \%$ | $-2.29 \%$ |
| $2005-2009$ | $3.32 \%$ | $0.41 \%$ |
| $2010-2014$ | $18.27 \%$ | $15.44 \%$ |
| $1990-2015$ | $11.77 \%$ | $9.28 \%$ |

Past performance does not guarantee future results. Through December 31, 2015. Reflects reinvestment of dividends.

[^4]31 This material is for investment professional use only.

## Global Dividend

Global Dividend Growers May Provide an Opportunity to Obtain Additional Growth of Income Annual Income on Two Hypothetical \$1 Million Investments


## Past performance does not guarantee future results.

Assumed that the hypothetical Dividend Growers Portfolio represented by the S\&P 500 Dividend Aristocrats Index and the hypothetical Global Dividend Growers Portfolio represented by the S\&P Global Dividend Opportunities Index.
You cannot invest directly into an index.
Index performance shown is for illustration purposes and is not representative of an actual investment.
International investing involves special risks, including currency fluctuations, government regulation, political developments, and differences in liquidity.
Source: Standard \& Poor's
32 This material is for investment professional use only.


## Longevity-Oriented Investment Portfolios: The Fundamentals

-Goal: to generate a steady sustainable income stream
-Components:

- Cash Flow Reserve provides the structure for converting savings into monthly spending
-Opportunities to increase income over time
- Investment Portfolio that balances quality, high current income and growth


## Design a High-Quality Longevity-Oriented Investment Portfolio

## Hypothetical Portfolio

CASH FLOW RESERVE

| Municipal Money Market |  | $5 \%$ |
| :--- | :--- | :--- |
| Limited-term Municipal Bond |  | $5 \%$ |
|  | INVESTMENT PORTFOLIO |  |
| Intermediate-term Municipal Bond |  | $25 \%$ |
| Dividend Growers Portfolio (Domestic) |  | $15 \%$ |
| Global Dividend Growers Portfolio | $50 \%$ |  |
|  | Total | $100 \%$ |

## Hypothetical Investment Allocation



[^5]Source: Thornburg Investment Management

36 This material is for investment professional use only.

## Employ a Spending Policy

- Two choices:
- Lifestyle Spending Policy
- Endowment Spending Policy


## Lifestyle Spending Policy



- A spending policy that specifies the amount of money that will be regularly withdrawn from retirement savings to cover living expenses.
- Typically increased by a cost of living adjustment (CPI).


## Lifestyle Spending Policy

Hypothetical Annual Spending Amounts


[^6]
## Lifestyle Spending Policy



[^7]
## Endowment Spending Policy

- A blended approach to a spending policy that combines prior year's spending levels with the performance of the current portfolio.
- Utilizes a 90/10 smoothing rule in which $90 \%$ is determined by prior year's spending and $10 \%$ is determined by value of the current portfolio.
" Requires "belt tightening" during major bear markets.
- Works especially well during periods of high inflation.
- Set a sustainable spending rate employing a smoothing rule that gradually adjusts the spending amount as a reflection of changes in the portfolio market value.


## Endowment Spending Policy Illustrated

|  | 1973 | 1974 | 1975 | 1976 |
| :---: | :---: | :---: | :---: | :---: |
| Beginning hypothetical Portfolio Value (PV) | \$1,000,000 | \$869,752 | \$699,568 | \$788,898 |
| Spending amount | \$50,000 | \$52,408 | \$56,239 | \$59,524 |
| Current spending rate (amount/PV) | 5.0\% | 6.0\% | 8.0\% | 7.5\% |
| Spending amount calculation: |  |  |  |  |
| 90\% of Prior year's spending |  | \$45,000 | \$47,168 | \$50,615 |
| 10\% of PV $\times 5 \%$ spending rate |  | 4,349 | 3,498 | 3,944 |
| Subtotal before Cost of Living Adjustment (COLA) |  | \$49,349 | \$50,665 | \$54,559 |
| Prior year CPI increase |  | 6.2\% | 11.0\% | 9.1\% |
| Annual COLA |  | \$3,060 | \$5,573 | \$4,965 |
| Spending amount |  | \$52,408 | \$ 56,239 | \$ 59,524 |
| Increase / (decrease) from prior year |  | 4.8\% | 7.3\% | 5.8\% |

[^8]43 This material is for investment professional use only

## Endowment Versus Lifestyle Spending Policies

Hypothetical Spending Amounts based on January 1, 1973 Distribution


## Past performance does not guarantee future results.

Assuming a hypothetical retirement portfolio of 60\% equities as represented by the S\&P 500 Index, and $40 \%$ in intermediate-term government bonds as represented by Barclays Intermediate-term Government Bond Index
For lifestyle spending policy, year one spending was set at $\$ 50,000$ and grown annually at inflation per actual CPI changes for the period.
For endowment policy, spending was $\$ 50,000$ in year one and increased using the 90/10 endowment calculation.
Index performance shown is for illustration purposes and is not representative of an actual investment.
Sources: Standard and Poor's, Barclays, Bureau of Labor Statistics; calculated by Thornburg.

## Spending Rates \& Policies Compared: A 30-yr Retirement

Lifestyle vs. Endowment Spending Policies...did it help?
Account Values for January 1, 1973 Distributions


Past performance does not guarantee future results.

[^9]45 This material is for investment professional use only.

## Wealth "To Dos"

-Pay attention to real real returns

- Include dividend paying investments
-Build longevity-oriented portfolios
-Employ an endowment spending policy


# To acquire wealth is difficult, to preserve it more difficult, but to spend it wisely, most difficult of all. 

Edward Day

## Quotes are for information only and should not be considered an endorsement, testimonial or recommendation of any product or viewpoint.

47 This material is for investment professional use only.

## Living a Happy and Rewarding Second Half

## SHARE WHAT YOU'VE LEARNED CONSIDER A LIFESTYLE COMMUNITY

# The great thing about getting older is that you don't lose all the ages you've been. 

Madeline L'Engle

INVESTMENT MANAGEMENT

## www.thornburg.com

Before investing, carefully consider the Fund's investment goals, risks, charges, and expenses. For a prospectus or summary prospectus containing this and other information, contact your financial advisor or visit thornburg.com. Read them carefully before investing.

Not FDIC Insured. May lose value. No bank guarantee.
Thornburg Funds are distributed by Thornburg Securities Corporation.
2300 North Ridgetop Road
Santa Fe, New Mexico 87506
877-215-1330


[^0]:    Photos and quotes are for information only and should not be considered an endorsement, testimonial or recommendation of any product or viewpoint.

[^1]:    Source: Life Tables for the United States Social Security Area 1900-2100. A life table is a concise way of showing the probabilities of a member of a particular population living to or dying at a particular age.

[^2]:    ${ }^{1}$ National Venture Capital Association in their 2013 Venture Capital Review, the Longevity Economy is an "Emerging Market in Plain Sight"
    ${ }^{2}$ Bureau of Labor Statistics, in 2010 disposable income for $50+$ Americans was $\$ 3.6$ trillion
    ${ }^{3}$ The Longevity Economy: Generating Economic Growth and New Opportunities for Business, Oxford Economics, 2013
    ${ }^{4}$ The Principal, 2013 Milken Global Economy

[^3]:    Sources: Kaiser HRET Survey of Employer-Sponsored Health Benefits, 1999 - 2009. Bureau of Labor Statistics, Consumer Price Index, U.S. City Average of National Inflation (April to April), 1999 - 2009. Bureau of Labor Statistics, Seasonally Adjusted Data from the Current Employment Statistics Survey, 1999-2009 (April to April).

    19 This material is for investment professional use only.

[^4]:    Source: Thornburg Investment Management

[^5]:    Following these strategies does not assure or guarantee sustainability of a retirement portfolio or better performance, nor does it protect against investment losses.
    Dividend and interest income are not guaranteed.

[^6]:    For illustration purposes only. Does not represent any particular investment.
    Assumes $\$ 1$ million investment; 60\% S\&P 500 Index, 40\% Barclays Intermediate Term Government Bond Index rebalanced annually, actual CPI for period, lifestyle spending policy. Source: Thornburg Investment Management

[^7]:    For illustration purposes only. Does not represent any particular investment.
    Assumes a $\$ 1$ million investment; $60 \%$ S\&P 500, $40 \%$ Barclays ITGB rebalanced annually, actual CPI for period, lifestyle spending policy. Source: Thornburg Investment Management

    41 This material is for investment professional use only.

[^8]:    Source: Thornburg Investment Management

[^9]:    Assumes an initial hypothetical investment of \$1 million. Per Bengen's model; 63\% S\&P 500; 37\% Barclays ITGB; Actual Inflation (CPI)
    For illustration purposes only. Does not represent any particular investment.
    Source: Thornburg Investment Management

